

## Motion of a Heavy Symmetric Top

- We are considering a top which is spinning and symmetric (see picture on next page)

$$I_1 = I_2 \neq I_3$$

- We want to write down the Lagrangian of the system and compute the rate at which it precesses, i.e. compute  $\dot{\phi}$
- We can either work with the CM as our origin, where the KE takes the form

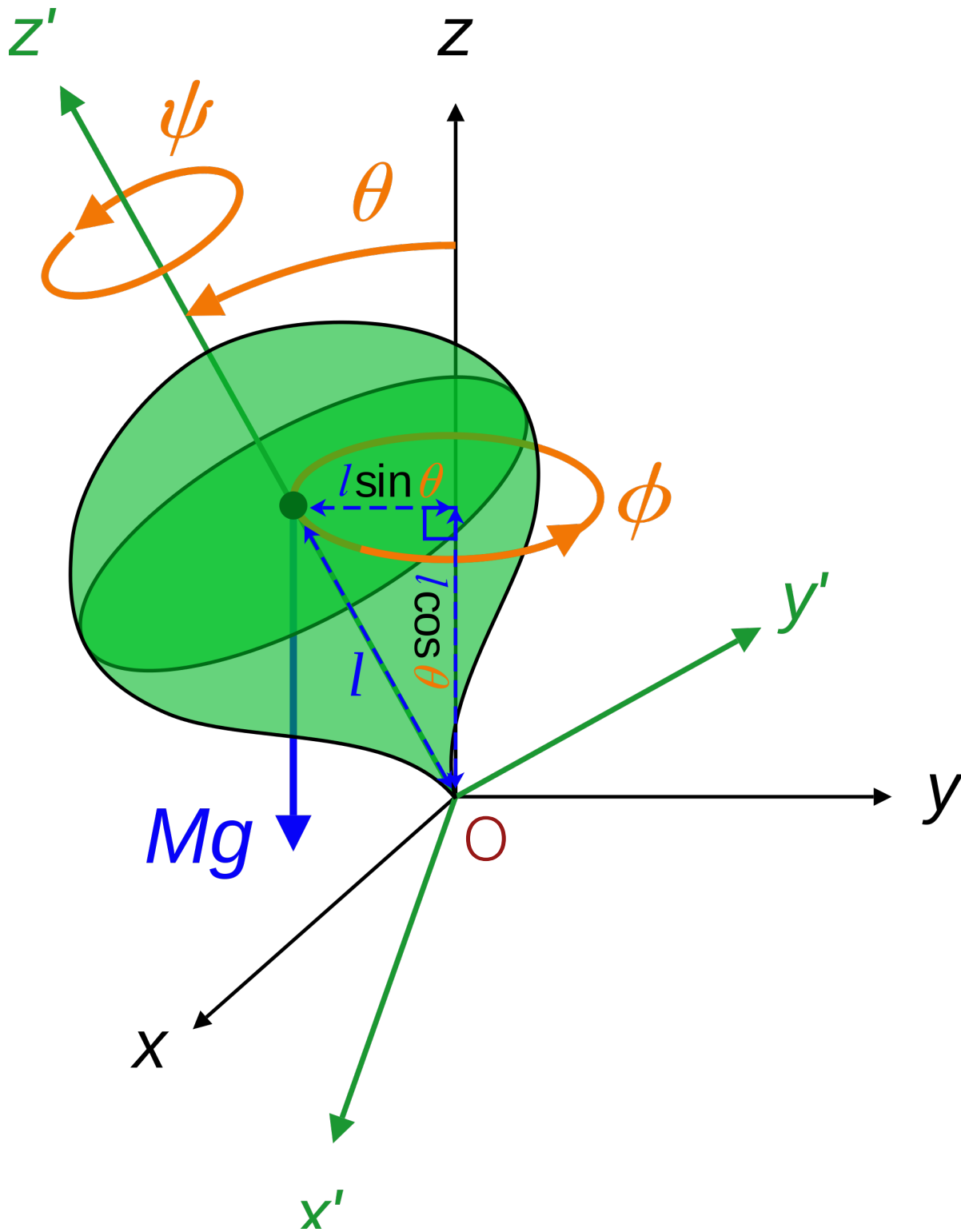
$$T = \frac{1}{2} M V_{cm}^2 + \frac{1}{2} \omega_a I_{ab}^{cm} \omega_b$$

↑ moving origin

- Or we can work with the fixed base,  $O$ , where the KE is described entirely by the rotational KE around this point

$$T = \frac{1}{2} \omega_a I_{ab}^O \omega_b$$

The moment of inertia needs to be calculated around this point. We will do this, and stop writing the  $I^O$  superscript,  $I_{ab} \equiv I^O$ , below.



- The Lagrangian of the system is

$$L = \frac{1}{2} I_1 (\omega_1^2 + \omega_2^2) + \frac{1}{2} I_3 \omega_3^2 - mgl \cos \theta$$

- Now we can express the Angular velocities in terms of the Euler Angles. Using the handout (see next page for picture)

$$L = \frac{1}{2} I_1 (\dot{\theta}^2 + \sin^2 \theta \dot{\phi}^2) + \frac{1}{2} I_3 (\dot{\psi} + \cos \theta \dot{\phi})^2 - mgl \cos \theta$$

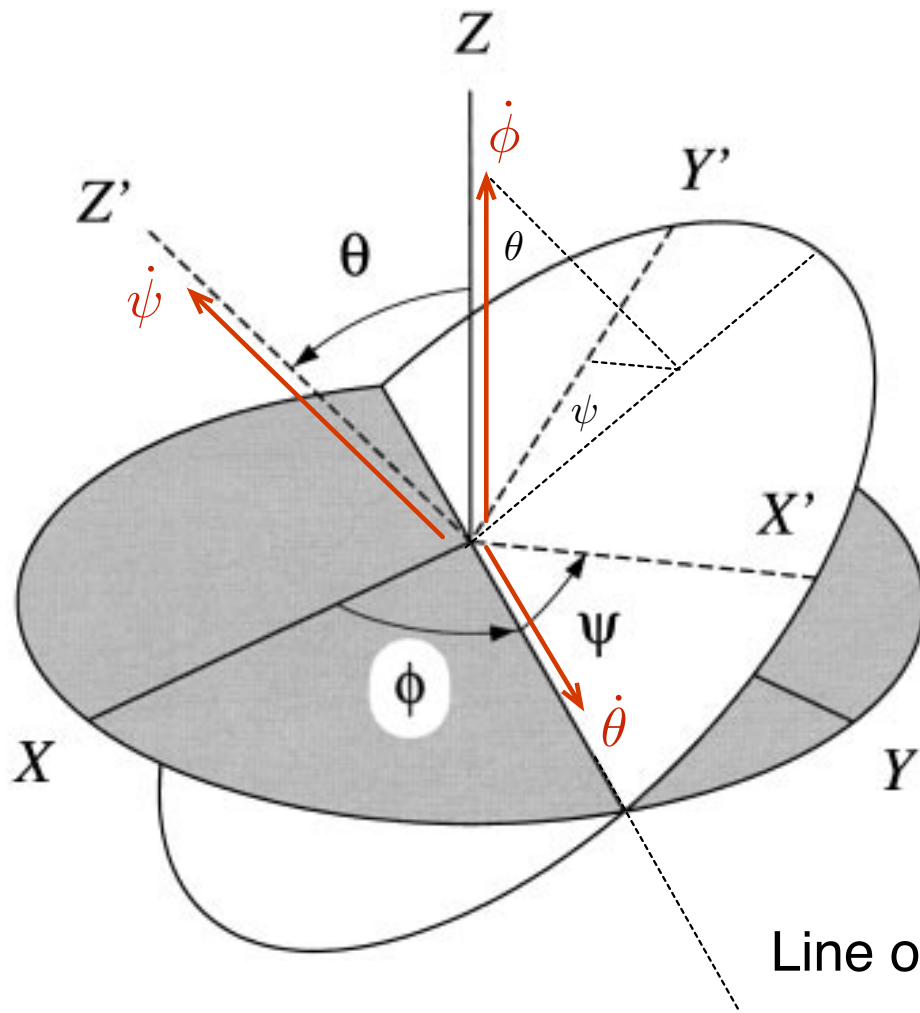
- Now that we have this Lagrangian we can find the EOM. The external torque provided by gravity is perpendicular to the the  $\psi$  axis and  $\phi$  axes and we therefore expect the angular momentum associated with these angles to be constant. Indeed they are cyclic coordinates

$$p_\psi = \frac{\partial L}{\partial \dot{\psi}} = I_3 (\dot{\psi} + \cos \theta \dot{\phi}) = \text{constant in time since } \frac{\partial L}{\partial \psi} = 0$$

$$p_\phi = \frac{\partial L}{\partial \dot{\phi}} = I_1 \sin^2 \theta \dot{\phi} + I_3 (\dot{\psi} + \cos \theta \dot{\phi}) \cos \theta = \text{const}$$

$$= I_1 \sin^2 \theta \dot{\phi} + I_3 p_\psi \cos \theta$$





$$\omega_{X'} = \dot{\phi} \sin(\theta) \sin \psi + \dot{\theta} \cos(\psi)$$

$$\omega_{Y'} = \dot{\phi} \sin(\theta) \cos \psi - \dot{\theta} \sin(\psi)$$

$$\omega_{Z'} = \dot{\psi} + \dot{\phi} \cos(\theta)$$

Line of nodes

- The two derivatives  $\dot{\psi}$  and  $\dot{\phi}$  can be expressed in terms of the constants  $P_\psi$  and  $P_\phi$

$$\dot{\phi} = \frac{P_\phi - P_\psi \cos \theta}{I_1 \sin^2 \theta}$$

← precession rate

$$\dot{\psi} = \frac{P_\psi}{I_3} - \dot{\phi} \cos \theta$$

- Note the various terms

$$\frac{1}{2} I_1 \sin^2 \theta \dot{\phi}^2 = \frac{(P_\phi - P_\psi \cos \theta)^2}{2I_1 \sin^2 \theta} \equiv \text{KE associated with } \dot{\phi}$$

And

$$\frac{1}{2} I_3 (\dot{\psi} + \cos \theta \dot{\phi})^2 = \frac{P_\psi^2}{2I_3} \equiv \text{KE associated with spinning } \omega_z'$$

- Now we want to find an equation of motion for  $\theta$ . Energy is constant

$$\frac{1}{2} I_1 \dot{\theta}^2 + \left[ mgl \cos \theta + \frac{(P_\phi - P_\psi \cos \theta)^2}{2I_1} + \frac{P_\psi^2}{2I_3} \right] \equiv U_{\text{eff}}(\theta) = E$$

This suggests that the equation of motion for  $\theta$  is

$$I_1 \ddot{\theta} = - \frac{\partial U_{\text{eff}}}{\partial \theta} \quad \text{verify yourself}$$

- This can be formalized with the Routh procedure. The effective Lagrangian,  $-R$ , for the non-cyclic coordinate  $\theta$  is

$$-R = L - p_\phi \dot{\phi} - p_\psi \dot{\psi}$$

Note that;

$$p_\phi \dot{\phi} + p_\psi \dot{\psi} = \frac{(p_\phi - p_\psi \cos\theta)^2}{2I_1 \sin^2\theta} + \frac{p_\psi^2}{2I_3}$$

So

$$-R = \frac{1}{2} I \dot{\theta}^2 - U_{\text{eff}}(\theta)$$

ignorable  
constant

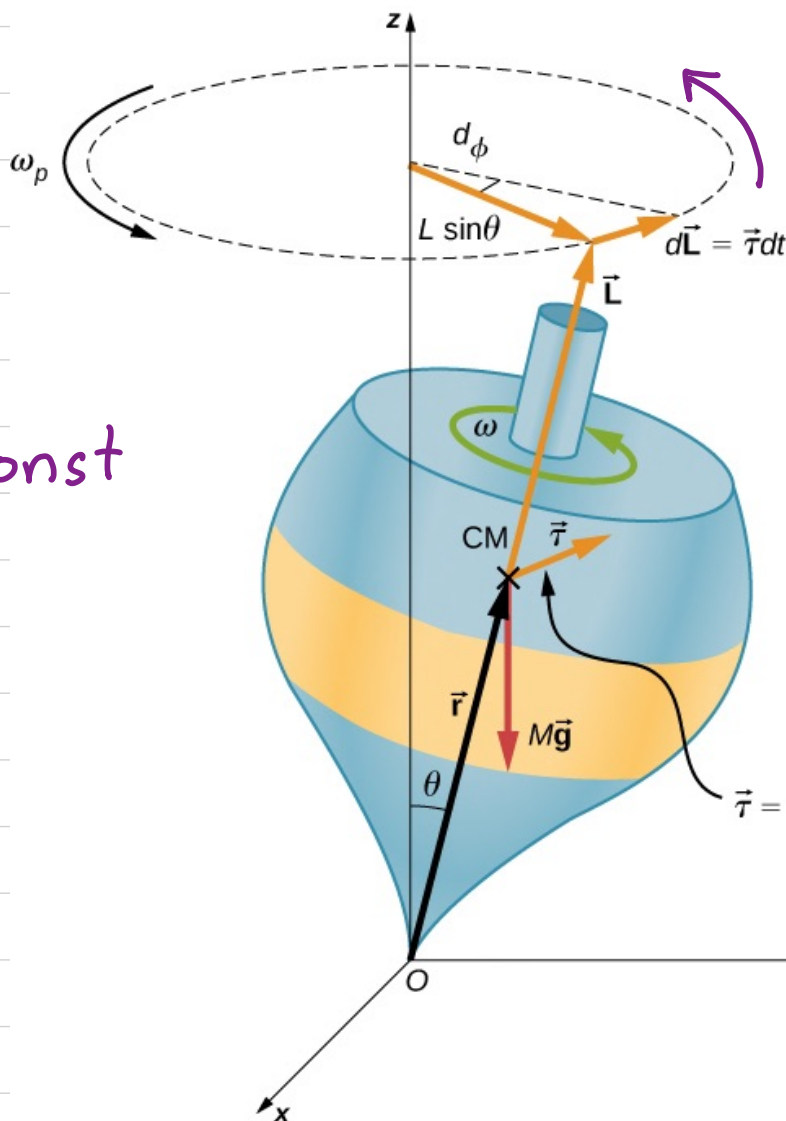
Where

$$U_{\text{eff}}(\theta) = mgl \cos\theta + \frac{(p_\phi - p_\psi \cos\theta)^2}{2I_1 \sin^2\theta} + \frac{p_\psi^2}{2I_3}$$



# Precessing Top Intro

- When the top is spinning quickly, there is a configuration where the angle  $\theta$  is constant, and then the tip of the top precesses. Here we will analyze this configuration, with the Lagrangian setup.
- $\theta = \text{const}$  means we are at the minimum of  $U_{\text{eff}}(\theta)$ , where  $\ddot{\theta} \propto -\partial U_{\text{eff}}/\partial \theta = 0$ !



$\frac{d\phi}{dt} = \text{slow precession rate}$

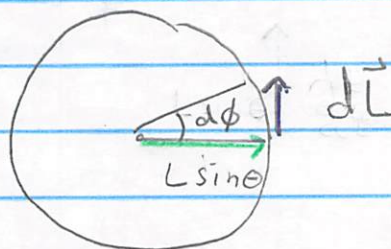
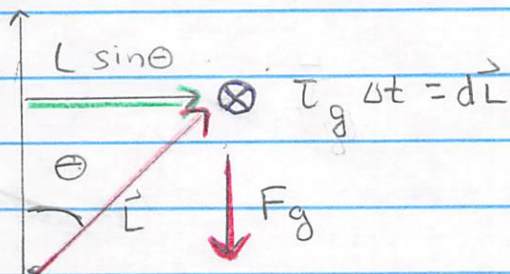
$\theta = \text{const}$

Now we will compute the precession rate i.e.  $\dot{\phi}$ . First the freshman physics way, and then using  $U_{\text{eff}}(\theta)$

## Analysis of precession rate of the top

Side view (see figure) (next page)

Top view



The gravitational torque is  $\vec{\tau}_g = mgl \sin \theta$  (into page).  
So from geometry:

$$\frac{d\phi}{dt} = \frac{1}{L \sin \theta} \frac{dL}{dt} = \frac{mgl \sin \theta}{L \sin \theta}$$

$$\boxed{\frac{d\phi}{dt} \approx \frac{mgl}{P_z}}$$

this assumes that  $\theta$  doesn't change &  $L \approx P_z$

- This derivation is approximate assuming that the spinning <sup>KE</sup> along the body is large compared to the gravitational torque, saying  $L \approx P_z$ .

Now we derive  $d\phi/dt$  from  $U_{\text{eff}}(\theta)$ , with the same approximations:

$$U_{\text{eff}} = mgl \cos \theta + \frac{(P_\phi - P_z \cos \theta)^2}{2I_1 \sin^2 \theta}$$

$\theta$  is constant at the min of  $U_{\text{eff}}(\theta)$ !  
Let's find  $\theta_{\text{min}}$

$$\dot{\phi} = \frac{P_\phi - P_z \cos \theta}{I_1 \sin^2 \theta}$$

← precession rate.

The rate at  $\theta = \theta_{\text{min}}$  is our goal



- Lets switch to dimensionless variables:

$$\bar{g} \equiv \frac{mgl}{P_z^2/I} \equiv \text{gravitational torque relative to spinning KE}$$

$$\beta \equiv P_\phi/P_z = \text{ratio of angular momenta}$$

So

$$\bar{U} \equiv \frac{U_{\text{eff}}}{P_z^2/I} = \bar{g} \cos\theta + \frac{(\beta - \cos\theta)^2}{2\sin^2\theta} \dot{\phi} = \frac{P_z}{I} \frac{(\beta - \cos\theta)}{\sin^2\theta}$$

- For  $\bar{g} \ll 1$  we can solve, for the minimum of  $U_{\text{eff}}$ . At zeroth order in gravity we neglect  $\bar{g}$  and the potential is minimum (and  $\theta$  is constant) at:

$$\cos\theta_{\min} \approx \beta = \cos\theta \quad \begin{array}{c} P_\phi \\ \nearrow \theta \\ P_z \end{array} \quad P_\phi \approx P_z \cos\beta$$

- The precession rate  $\dot{\phi} \propto (\beta - \cos\theta) = 0$ . Of course! We need gravity for a torque. To first order

$$\cos\theta_{\min} \equiv \beta + \delta \quad \leftarrow \text{first order in } \bar{g}, \delta \text{ records the shift in } \theta \text{ from gravity.}$$

So  $\sin^2\theta \approx 1 - \beta^2$  and  $U_{\text{eff}}$  is approximately:

$$U_{\text{eff}} = \bar{g}(\beta + \delta) + \frac{\delta^2}{2(1 - \beta^2)} \quad \text{which is minimized at } \delta = -\bar{g}(1 - \beta^2)$$



• The precession rate at  $\theta_{\min}$  is:

$$\dot{\phi} = \frac{p_{\phi} - p_{\psi} \cos \theta_{\min}}{I_1 \sin^2 \theta_{\min}} = \frac{p_{\psi} (\beta - \cos \theta_{\min})}{I_1 \sin^2 \theta_{\min}} \approx \frac{p_{\psi}}{I_1} \frac{-\delta}{(1 - \beta^2)}$$

$$\dot{\phi} \approx \frac{p_{\psi}}{I_1} \bar{g} \approx \frac{p_{\psi}}{I_1} \left( \frac{mgl}{p_{\psi}^2 / I_1} \right) = \frac{mgl}{p_{\psi}}$$

In agreement with the Freshman analysis, though now we see how to include corrections!

### The "Sleeping" top

• The top is stable and spins in an upright position  $\theta = 0$ . Let's analyze this case.



$$U_{\text{eff}}(\theta) = mgl \cos \theta$$

$$+ \frac{(p_{\phi} - p_{\psi} \cos \theta)^2}{2I_1 \sin^2 \theta}$$

• Since  $\theta \approx 0$  is stable it must be a min of  $U_{\text{eff}}(\theta)$

•  $\theta = 0$  can only be a stable point if  $p_{\phi} \approx p_{\psi}$ .  
Then near  $\theta \approx 0$ , we expand:

$$\frac{(p_{\phi} - p_{\psi} \cos \theta)^2}{2I_1 \sin^2 \theta} = \frac{p_{\psi}^2 (1 - \cos \theta)^2}{2I_1 \sin^2 \theta} \approx \frac{p_{\psi}^2 \theta^2}{8I_1}$$

- The potential near  $\theta \approx 0$  in this case is approximately, using  $mg l \cos \theta \approx mg l (1 - \theta^2/2)$ :

$$U_{\text{eff}} \approx \text{const} + \left( \frac{P_\psi^2}{8I_1} - \frac{mg l}{2} \right) \theta^2$$

- So the potential is a minimum at  $\theta = 0$  if

$$P_\psi > 2 \sqrt{mg l I_1}$$

In terms of the spin rate  $\omega_3 \approx P_\psi / I_3$

$$\omega_3 > 2 \sqrt{\frac{mg l I_1}{I_3}}$$



For  $\omega_3$  smaller than this, the top simply falls over. It is not spinning fast enough to stand up at  $\theta = 0$ .